

ARMY INSTITUTE OF EDUCATION, GREATER NOIDA

Affiliated to GGSIPU, Dwarka, New Delhi



Lesson Plan Session 2022-23

Name of the Faculty: Dr. Azkia Khan

Course: B.Ed.Spl.Ed. (LD) 2022-24


Subject: Human Growth and Development

Subject Code: BEDSE101

Credits: 04

Class/Semester: 1 sem (2022-23)

<i>Date</i>	UNIT	TOPIC	OBJECTIVE	REFERENCE	EVALUATION/ ASSIGNMENT	MODE OF PRESENTATION/PPT/BO ARD/ NOTES/READING & METHODS
12.10.22	1	Development stages of Early childhood (1.3)	To understand the development stages of Early childhood.	IGNOU	Formative	Notes/PPT
13.10.22	1	Late Childhood (1.3)	To differentiate between early childhood and late childhood.	Book	Classroom discussion	Notes/PPT
17.10.22	1	Nature versus Nurture (1.4)	To compare the roles played by nature and nurture on human development.	E-Content /Research paper	Classroom discussion	PPT
20.10.22	1	Domains : Physical(1.5)	To understand the different stages of physical development in human.	Book e-gyankosh	Classroom discussion	Notes/PPT
01.11.22	2	Piaget Cognitive Theory (2.1)	To describe the Piaget theory of cognitive development.	Book (S.K.Mangal) B.Ed.Study material,	MCQ	Notes/PPT/Refernce book

02.11.22	1	Language Development (1.5)	To understand the different stages of Language Development.	<ul style="list-style-type: none"> Book 	MCQ	Notes/PPT/Refernce book
03.11.22	2	Vygotsky Socio-cultural theory of cognitive development.(2.1)	To describe the Vygotsky Socio-cultural theory of cognitive development.	<ul style="list-style-type: none"> https://www.youtube.com/watch?v=-8I2hrSRbmHE B.Ed.Study material,	MCQ	Notes/PPT/Refernce book
07.11.22	2	Bruner's Theory of Cognitive Development (2.1)	To describe the Bruner's Theory of Cognitive Development .	 <ul style="list-style-type: none"> https://www.youtube.com/watch?v=rZfAsbhFL_Y&t=10s https://www.samarereducation.com/2022/05/bruner-theory-of-cognitive-development.html https://ncert.infrea.com/bruners-theory-of-cognitive-development/ 	MCQ	Notes/PPT/Refernce book
09.11.22	2	Bandura Social Learning Theory (2.1)	To describe the Bandura Social Learning Theory.	https://www.researchgate.net/publication/267750204	MCQ,Classroom discussion	Notes/Refernce book
15.11.22	2	Psychosocial Theory (Erikson) (2.2)	To explain the Psychosocial Theory by Erikson.	eGyankosh,	MCQ,Classroom discussion	Notes/Refernce book
16.11.22	2	Psychoanalytic Theory (Freud) (2.3)	To explain the Psychoanalytic Theory by Freud	Book (S.K.Mangal) eGyankosh,	Classroom discussion	Notes/Refernce book

19.11.22	2	Ecological Theory (Bronfrenbrenner)	To explain the Ecological Theory by Bronfrenbrenner.	https://www.simplypsychology.org/Bronfenbrenner.html	Brainstorm activity	Notes/PPT/Refernce books
24.11.22	2	Holistic Theory of Development (Steiner) (2.5)	To describe the Holistic Theory of Development.	Book	Formative	Notes/Refernce book
08.12.22	3	Environmental factors influencing early childhood development (3.4)	To study Environmental factors influencing early childhood development.	https://www.oecd-ilibrary.org/	Classroom discussion	Notes/Refernce book
13.12.22	3	Role of play in enhancing development (3.5)	To understand the Role of play in enhancing development .	https://www.nidirect.gov.uk/articles/how-play-helps-childrens-development	Classroom discussion	Notes/Refernce book
14.12.22	3	Revision	To clear all doubts	Book , eGyankosh,	Group discussion	Notes/Refernce book
15.12.22	2	Class Test	To assess their knowledge.	https://docs.google.com/forms/d/e/1FAIpQLScDAcBAebhnaN398UZOeYEA34O8GIoibks2gmEsLop5jrCQtQ/viewform?usp=sf_link	MCQ	Notes/Reference book
19.12.22	3	APGAR SCORE	To understand the characteristics of APGAR SCORE.	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/10/the-apgar-score	MCQ	Notes/Reference book
29.12.22	1 & 2	Remedial class	To revise the concepts and clear their doubts	Book ,eGyankosh,	Group discussion	Notes/Reference book
02.01.23	5	Psychological well-being (5.1)	To understand the Psychological well-being of adulthood.	https://en.wikipedia.org/wiki/Six-	MCQ,Classroom discussion	Notes/Refernce book



				factor Model of Psychological Well-being		
03.01.23	5	Formation of identity and self-concept (5.2)	To understand the Formation of identity and self-concept during transition to adulthood.	https://en.wikipedia.org/wiki/Identity_formation#:~:text=Identity%20formation%2C%20also%20called%20identity,closely%20related%20to%20identity%20formation.	Classroom discussion	Notes/Reference book
05.01.23	5	Emerging roles and responsibilities. (5.3)	To understand the Emerging roles and responsibilities.	https://open.maricopa.edu/devpsych/chapter/chapter-8-emerging-adulthood/	Classroom discussion	Notes/Reference book
09.01.23	5	Life Skills and independent living (5.4)	To understand Life Skills and independent living.	http://www.wbnsou.ac.in/online_services/SLM/MED/B10_HI.pdf	Classroom discussion	Notes/Reference book
12.01.23	5	Career Choices (5.5)	To understand the career choices during adulthood.	https://hbr.org/2021/05/how-to-make-better-decisions-about-your-career	Group discussion	Notes/Reference book
17.01.23	1,2	Remedial Class	To revise the concepts and clear their doubts	Book ,eGyankosh,	Group discussion	Notes/Reference book



- **Learning Outcomes:**

The students are able to explain the approaches to human development.

The students are able to analyze the different domains of human development.

The students are able to understand the theoretical approaches to human development.

The students are able to discuss the environmental factors influencing early developments.

The students had learnt about changes during transition into adulthood

- **Life Skills and Values Developed:**

The students will be able to identify the milestones achieved by children.

The student-teachers will be able to utilize the knowledge of human development stages in their diagnosis of special children.

The students are able to develop their lesson plan by considering the different domains of human development .

- **Experiential Learning Activities:**

To write a case study by observing children in various settings and identify their milestones achieved.

<https://classroom.google.com/u/0/c/NTY3NzE0ODUyNzU4/a/NTY3NzI1MzgwOTQ5/submissions/by-status/and-sort-last-name/done>

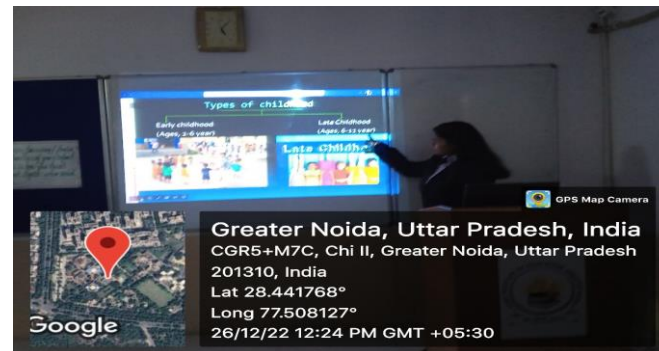
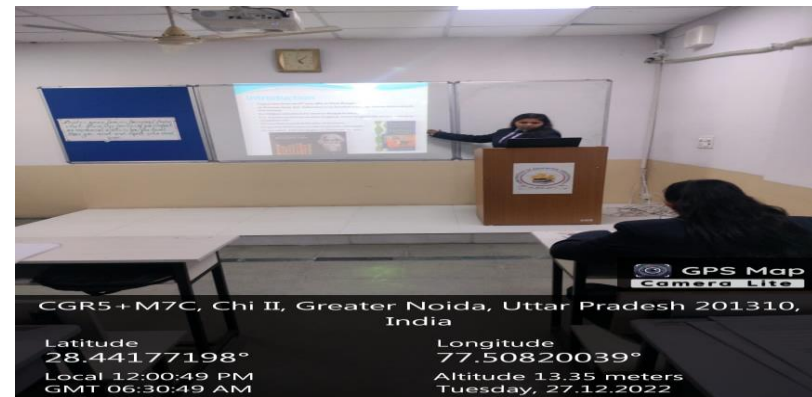
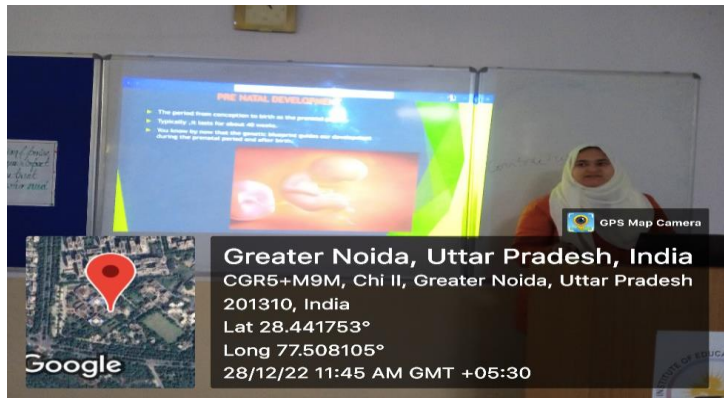
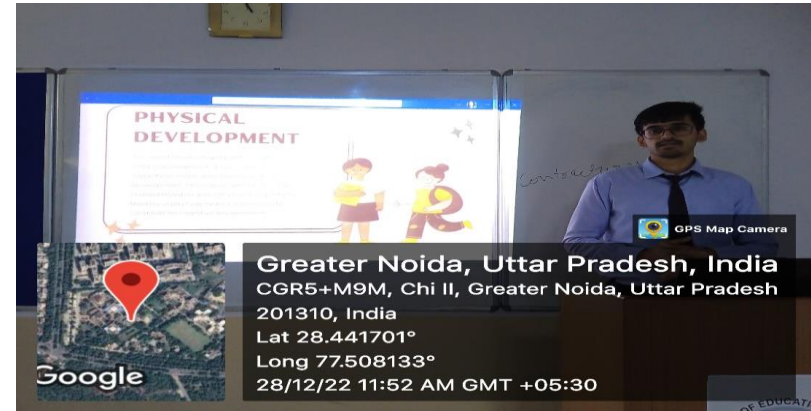
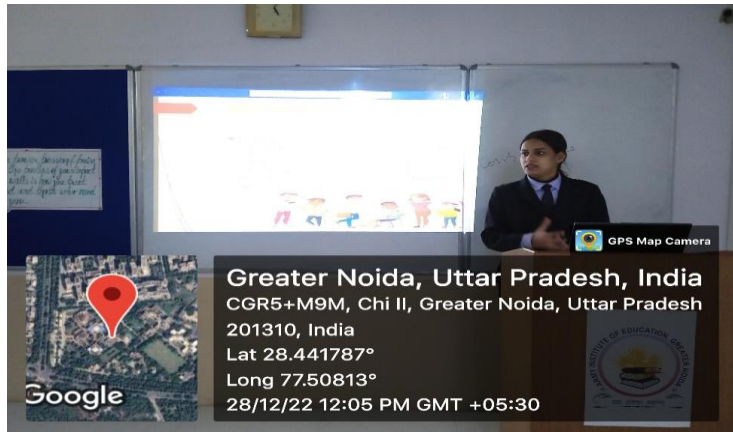
To write a reflection on video (Vygotsky Socio-learning Theory) shown in the classroom.

<https://classroom.google.com/g/tg/NTY3NzE0ODUyNzU4/NTA0MjQ4MDMxNzgz#u=NDQ3Mjg2MzM4MTFa&t=f>



• **Geo Tag Photograph of Classroom Activities with activity names and dates:**

Topic- Class Presentation (26.12.22 , 27.12.22 , 28.12.22)



- **Result table (Internal/External result)**

Date of the Internal/External Exam	No. of students appeared	Distinction (Above 75%)	First Division (60-74.9%)	Second Division (55-59.9%)	Third Division Below 55%	Fail
Internals	09	09	NA	NA	NA	NA

- **Assignment and Evaluation:**

Students have prepared two assignments

<https://teams.microsoft.com/l/team/19%3ajW4Vd6hG14fiWRp8UttgYHwVWifDPNJ12amuAF4IGss1%40thread.tacv2/conversations?groupId=0d9222cf-8f8b-4e7a-837a-384e96de26ef&tenantId=bf421b4b-9551-4e84-9dde-2841b84382de>

<https://teams.microsoft.com/l/team/19%3ajW4Vd6hG14fiWRp8UttgYHwVWifDPNJ12amuAF4IGss1%40thread.tacv2/conversations?groupId=0d9222cf-8f8b-4e7a-837a-384e96de26ef&tenantId=bf421b4b-9551-4e84-9dde-2841b84382de>

One student has submitted Exam Assignment

<https://teams.microsoft.com/l/team/19%3ajW4Vd6hG14fiWRp8UttgYHwVWifDPNJ12amuAF4IGss1%40thread.tacv2/conversations?groupId=0d9222cf-8f8b-4e7a-837a-384e96de26ef&tenantId=bf421b4b-9551-4e84-9dde-2841b84382de>

- **References/Video Links:**

https://www.youtube.com/watch?v=rZfAsbhfL_Y&t=10s

<https://www.samareducation.com/2022/05/bruner-theory-of-cognitive-development.html>

<https://ncert.infrexa.com/bruners-theory-of-cognitive-development/>

<https://www.nidirect.gov.uk/articles/how-play-helps-childrens-development>



- **Any Other Relevant Information/Feedback or report**

Assignment submission team link-

<https://teams.microsoft.com/l/team/19%3ajW4Vd6hG14fiWRp8UttgYHwVWifDPNJ12amuAF4IGss1%40thead.tacv2/conversations?groupId=0d9222cf-8f8b-4e7a-837a-384e96de26ef&tenantId=bf421b4b-9551-4e84-9dde-2841b84382de>



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